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October 4, 2018

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Inside THIS WEEK

Sports

■ Charlevoix's Zoe Brodin is female athlete of the week Page 1B

■ Boyne City's Neal Hautz is male athlete of the week Page 1B

FOOTBALL

■ High School Football Round-Up

■ Ramblers battle early, fall late to Gladiators Page 1B

■ Rayders blanked by Cardinals Page 1B

■ Conference Standings Page 2B

■ College Football rankings Page 2B

■ NFL Schedule Page 2B

■ NFL Standings Page 2B

■ State Football rankings Page 3B

VOLLEYBALL

■ Rayders Volleyball take three from Blazers Page 2B

■ Homecoming activities at Boyne City High School Page 2B

■ East Jordan Homecoming King and Queen Page 3B

■ Classified ads Page 4B-6B

■ Legal Notices Page 4B, 5B

■ Auctions Page 4B

■ Feature home of the week Page 5B

■ Real estate corner Page 5B

News

■ Weather Page 2

■ Obituaries Page 2

■ East Jordan City Commission meeting Page 2

■ Charlevoix Applefest Page 3

■ East Jordan State of the Community Page 3

■ Charlevoix Methodist Church Chili Cook-off Page 3

■ Chambers of Commerce to host Candidate Forum Page 3

■ News Briefs Page 4

■ Boyne Falls student of the week Page 4

■ Local artist work featured Page 5

■ Boyne City Harvest Festival recap Page 5

■ Doctor OZ Page 6

■ Letters to the Editor page 6

■ Civic Theatre present Harvey Page 7

■ Police report Page 7

Charlevoix City Manager receives high praise and raise

BY MICHELLE MEDJESKY



Charlevoix city manager Mark Heydlauff.
PHOTO BY MICHELLE MEDJESKY

CHARLEVOIX-Charlevoix city manager Mark Heydlauff has so impressed city officials here that they not only have given him high praise, but a nice raise to go along with it.

After a graded evaluation of his performance on six different levels, the Charlevoix City Council voted unanimously recently in favor of extending Heydlauff's contract for the next three years and also to increase his pay.

The council reviewed his performance from August 2017 to August 2018 and evaluated his performance during that time on six scales, including budgeting/fiscal management, supervision/management, leadership/professionalism, community relations, city council relations and inter-governmental relations. He was graded on a scale of 1 to 5, with five being the best, and received either a 4.8 or a solid 5 in all categories.

"The Council believes Mark continues to exceed the expectations of manag-

ing the City and helping the Council achieve its goals for the community. They recognize this work and wish to continue Mark's leadership of the community. As such, they unanimously voted to extend his contract through September of 2021 and increase his compensation to commensurate with neighboring communities over the life of the contract," the city council stated in its written evaluation of Heydlauff.

Heydlauff, who came to Charlevoix in 2015 after serving as city manager in

Bronson, Michigan, was given a \$7,363 raise with this new contract, bringing his annual pay to \$98,251.

"It remains a privilege and joy to work in Charlevoix. We have a great team focused on our residents and businesses," said Heydlauff, "Council has very clearly set five key goal areas that guide the work we do and I look forward to tackling these challenges in the future. I appreciate the confidence Council expressed in me and I look forward to continuing my work with them."

The most colorful time of the year

BY JIM AKANS

Like many who choose to live in a northern climate, autumn is my favorite time of the year. After the awakening of spring and flurry of activity in the good ole summertime, it's refreshing to greet the autumn break from tourist season, reconnect with family, friends, football and the couch, while marveling as the hardwood forests turn a palette of gorgeous colors.

This change arrives because leaves are food factories. They draw water from the earth, mix it with carbon dioxide in the air (a very environmentally generous act), and use sunlight to turn this combination into glucose using a chemical called chlorophyll. The whole process is something called photosynthesis, which I learned in school but have since forgotten due to another, though similar, process called; aging.

The autumn equinox signals that winter is soon approaching, which means less sunlight, and for deciduous trees and most plants, that spells the end to the whole photosynthesis process until next spring. This gradually reduces the amount of (green) chlorophyll in the leaf, which produces new hues in the leaf color. It's the same thing that happens to bananas as they ripen, turning green to yellow as the chlorophyll disappears.

Leaves with lots of sugar and a chemical called anthocyanin create bright red and purple pigments (seen in Red Maples, Sugar Maples and Dogwoods).

"HOW BEAUTIFULLY LEAVES GROW OLD. HOW FULL OF LIGHT AND COLOR ARE THEIR LAST DAYS." JOHN BURROUGHS.



Don't miss the opportunity to take a long walk or a "Sunday drive" during the next couple of weeks and enjoy the incredible autumn colors. PHOTO BY JIM AKANS

Higher concentrations of carotenes and xanthophylls bring out the orange and yellows (such as in Aspens and Poplars) and browns come from tannins (eventually, the hue of every fallen leaf).

Here in early October, I can look out one window in my home and see a Maple showing swatches of red leaves, and another window frames a mix of hardwoods still dressed in their summer greens. Part of the timing of the changing colors relates to tree species. Sugar Maples change ear-

lier than Norway Maples while Oaks change late in the fall and hold on to their tannin-filled brown leaves most of the winter. It also has to do with the amount of water the trees get; the more water, the longer the leaves hang on. Physical injury, infestation, environmental factors such as proximity to the street, salt damage, herbicides and air pollution can also cause a tree to change leaf color early.

Evergreens handle the changing seasons in a different way. They have a wax-

like coating and an internal fluid that enhances their resistance to cold and moisture loss. That allows some level of photosynthesis to continue even during the winter, which is why most of the needles remain green and attached through the year.

The best autumn colors usually arrive after a warm, late summer followed by a sunny early fall that has seasonably warm days and cool, but not freezing nights. A combination of

See Fall Colors – Page 3A

Man Sent to Jail for Sexual Assault

On Sept. 28, Tuitamaga Peter Namulauulu, 32, Kewadin, was sentenced to serve eleven months in jail after pleading guilty to assault with intent to commit criminal sexual conduct involving sexual penetration.

The advisory sentencing guidelines called for a minimum sentencing range of 5 to 23 months.

Charlevoix County Prosecuting Attorney Allen Telgenhof asked for a sentence at the high end of the guidelines which would have been 23 to 120 months in state prison.

Namulauulu was originally charged with Criminal Sexual Conduct, Third Degree (Incapacitated Victim), a 15-year felony.

According to the affidavit of probable cause filed in the matter, in the early morning hours of April 29, 2018 in the City of Charlevoix, Namulauulu entered the bedroom of a woman who was asleep and sexually assaulted her.

The woman had met Namulauulu earlier that day. She had stayed home while the defendant and a group of friends went out to a bar.

SUBMITTED BY ALLEN TELGENHOF, PROSECUTING ATTORNEY FOR CHARLEVOIX COUNTY

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weather

THURSDAY



HIGH: 52
LOW: 37

FRIDAY



HIGH: 54
LOW: 48

SATURDAY



HIGH: 62
LOW: 42

SUNDAY



HIGH: 56
LOW: 46

MONDAY



HIGH: 66
LOW: 58

TUESDAY



HIGH: 75
LOW: 56

WEDNESDAY



HIGH: 62
LOW: 46

record temps

DAY	AVG	LOW	AVG	HIGH	RECORD LOW	RECORD HIGH
OCT 4	...41°	...65°	...26°	(1996)	..81°	(1997)
OCT 5	...40°	...65°	...20°	(1965)	..83°	(2007)
OCT 6	...40°	...65°	...26°	(1966)	..84°	(2007)
OCT 7	...40°	...64°	...23°	(2001)	..87°	(2007)
OCT 8	...39°	...64°	...28°	(1981)	..88°	(2007)
OCT 9	...39°	...63°	...22°	(1989)	..88°	(2007)
OCT 10	...39°	...63°	...23°	(1952)	..84°	(1949)
OCT 11	...39°	...63°	...22°	(1964)	..81°	(1949)
OCT 12	...38°	...62°	...26°	(1990)	..82°	(1995)
OCT 13	...38°	...62°	...24°	(1974)	..83°	(1995)

OBITUARIES

Guy Cole, 62

(JULY 22, 1956 - SEPT. 29, 2018)



Guy Cole passed away Saturday, September 29th 2018. Guy was an ambitious man from the start. A very accomplished runner for both Northville High school and Eastern Michigan, Guy set several records on the track, some taking almost 20

years to be beat. Later in life he moved to Northern Michigan and has spent years building a vending business. Guy was also involved quite involved in the harness horse industry, owning several racehorses nationwide. Guy loved the Boyne City area and community, he called it "the best place on earth to live". He played Santa for various fundraisers, sponsored a ski team, and attended countless local sporting events.

He was very happy, beloved man who will be missed by friends and family, near and far.

A Celebration of Life reception is planned from 4-6pm on Thursday, October 4th, 2018 at Boyne Mountain's Stein Eriksen's restaurant, located in the Clock Tower.

Memorial Contributions may be made to the Charlevoix Humane Society.

Elmer "Lynn" Sirmons, 57

(FEB. 10, 1961 - SEPT. 26, 2018)

Elmer L. "Lynn" Sirmons departed September 26, 2018 from our lives after a long battle with lung cancer.

Lynn was born February 10, 1961 to David and Mary Sirmons. Following graduation Lynn married Lorraine (Washburn) and started a family.

Lynn is survived by his mother Mary; daughters Jessica and Tiffany Sirmons; son Bryan Sirmons; brothers Dale (Sherry) Sirmons and Keith (Wanda) Sirmons; sister Sherry Sirmons; Irv Moyer soulmate along with nine grandchildren, several nieces, nephews and friends.

Lynn is preceded in death by his son Bruce; father David and brothers George and Sherman Sirmons.

A celebration of life for Lynn will be held Saturday, October 6th from 2:00 to 6:00 PM at the Boyne City Eagles.

Family and friends wishing to share a thought or memory of Lynn are encouraged to do so online at www.stonefuneralhome-inc.com.

Jesse James King, 62

(AUG. 15, 1956 - SEPT. 26, 2018)

Jessie James King died Wednesday, September 26, 2018 at his home in East Jordan.

Funeral service will be held on Thursday, October 4, 2018 at 2:00 P.M. at the Penzien Funeral Home in East Jordan.

The family will receive friends on Thursday from 12:00 Noon until service time at the funeral home.

Laura M. Mason, 54

(SEPT. 27, 1964 - SEPT. 28, 2018)



Laura Marie Mason of East Jordan died at Grandvue Medical Care Facility, on September 28, 2018, surrounded by her family.

Laura was born on September 27, 1964 to Thomas and Evelyn Mason in Wyandotte, Michigan.

A devout Catholic and loving daughter, sister, aunt and friend, Laura was an inspiration to all who knew her. She was born with cerebral palsy, but never let that stop her. She was an accountant, a dedicated babysitter to the Dr. Steven Wisniewski family whom she loved, and an avid quilter. She completed over a hundred quilts, and many of those were gifts to her nieces and nephews. She enjoyed travelling with her sister Anne, and loved being an aunt to her 38 nieces and nephews.

She is survived by her mother, Evelyn M. Mason of

East Jordan; two sisters, Julie (Timothy) Willson of East Jordan and Anne (Derrick) Johnson of Florence, KY; three brothers, Thomas (Christy) Mason II of Boyne Falls, William (Rachel) Mason of Elmira and Daniel (Maria) Mason of Post Falls, Idaho, as well as many nieces and nephews. She was preceded in death by her father, Thomas A. Mason on December 31, 2014.

A private funeral will be held.

In lieu of flowers, the Mason Family requests that memorial contributions be made to Grandvue Medical Care Facility, 1728 W. Peninsula Road, East Jordan, 49727.

Eberhardt H. "Abe" Desch, 94

(NOV. 16, 1923 - SEPT. 27, 2018)

Eberhardt H. "Abe" Desch of Charlevoix passed away Thursday, September 27, 2018



at Pineview Cottage in Harbor Springs. A loving husband, father, grandfather and great grandfather, he will be forever missed by his family.

Born on November 16, 1923 in Frankfort, Germany, Abe came to the United States with his family as a baby, settling in Detroit.

A naturalized U.S. citizen, Abe served his country during World War II in the U.S. Army. Later he went to work

at General Motors and attended the General Motors Institute where he earned his bachelor's degree in industrial engineering.

It was in Detroit that Abe met and later married Louise S. Baum. They lived in Mt. Clemens during Abe's career at General Motors. After retiring Abe and Louise moved to Florida where they lived for many years before moving to Charlevoix twelve years ago.

In Charlevoix, Abe was a member of the American Legion. He also enjoyed his weekly golf league in Charlevoix, travel, hunting and fishing and spending time with his family.

He is survived by Louise, his wife of 68 years; his children, Evelyn (James) Cattaneo of Harrison Township, Gordon Desch of Mancelona and Caroline Desch of Charlevoix; grandchildren, Branden (Catherine) Cattaneo, Justin (Lauren) Cattaneo, James (Pauline) Cattaneo, Gordon Desch, Molly Desch and Matthew Desch; and great grandchildren, Jacqueline, Kaylee, Brooklyn, Anthony (AJ), Cadence, Kayden, Dylan, Mason, Briella, Elise and Stella. He was preceded in death by a grandson, Jeffrey Moore.

Abe will be buried with military honors at a family service to be held at Great Lakes National Cemetery in Holly. Those who wish are asked to consider memorial contributions to Wounded Warriors, Disabled American Veterans or the Alzheimer's Association.

Arrangements are by Gaylord Community Funeral Home & Cremation Service. Please share your memories and personal messages at www.gaylordfuneralhome.com.

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EAST JORDAN CITY COMMISSION MEETING, Oct. 2, 2018

Dilapidated Co-Op property to be rehabilitated

BY KRYSTAL JOHNSON

EAST JORDAN - The East Jordan City Commission's discussions turned towards the housing commission once again this past Tuesday at their October 2 meeting, as well as towards a probable downtown building rehabilitation project.

At the commission's September 18 meeting, Executive Director of the East Jordan Housing Commission, Ilah Honson, requested that the city sponsor an energy performance contract (EPC). After looking into the contract further, commissioners expressed concerns about financial risk and voted against moving forward with a lease and sponsorship.

A consensus among commissioners, however, was

that they would be willing to help the housing commission with smaller, more specific projects, including the boilers that are in need of replacement. If the housing commission were to present the city with specific requests and a hierarchy in terms of priority, commissioners were in agreement that they would like to help.

While the EPC was rejected by the city, Commissioner Mark Penzien commented that at least a dialogue between the two commissions was initiated.

At the request of City Administrator Tom Cannon, owners of the East Jordan Co-op property on State Street, along with Dave White, shared an update concerning the status of the dilapidated Co-op building. A historical building to the

community that had been thought to be in a state of disrepair, White confirmed that he will be working with the property owners to rehabilitate rather than tear down the abandoned building.

White, who served as city administrator for East Jordan from 1996 to 2010, spearheaded the work to renovate the Main Street Center in the early 2000s, which also had been thought to be unsalvageable at one time. Familiar with applying for grants and state and federal tax cuts, White is optimistic that they will receive their first grant towards the project from the Department of Environmental Quality (DEQ).

The DEQ grant that has already been applied for would include \$118,000 for cleanup costs at the property site.

White said the owners hope to renovate the building and have it available for mixed use, offering both apartment and business space rentals. He also noted that they will be looking to the city for support of the project and possibly to help determine a drainage issue that is already evident at the site. A future point of conversation might also be the need for more parking.

Commissioners and public in attendance at the meeting expressed excitement for the long awaited renovation project.

The next regular meeting of the East Jordan City Commission is scheduled for 7 p.m. Tuesday, October 16, 2018.

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The harvest is in at the 40th Annual Charlevoix Apple Fest

Fall is in the air and northern Michigan orchards are busy harvesting bushels of fresh, ripe apples in preparation for the 40th Annual Apple Fest. This year's event is taking place in downtown Charlevoix on October 12-14, on Friday and Saturday from 10am-6pm, and Sunday from 10am-4pm.

Held in three locations; downtown Charlevoix: East Park, Bridge Park, and Mason Street, this event is free for all ages, and the perfect place for family and friends to get together. Enjoy beautiful fall color, family fun, craft booths, apples and autumn goodies galore all in the heart of downtown Charlevoix. It's a great opportunity to come out and show your support for our local farmers, orchards and non-profit organizations while celebrating all things fall.

Street on both Saturday and Sunday. The fun includes a petting farm including a camel, face painting, Twister Joe balloon artist and much more.

Bring the whole family for a weekend of fall fun during the Charlevoix Apple Fest! It's the place to be to enjoy all your favorite produce, goodies, and activities of the autumn season.

For a full schedule of Apple Fest activities and other business and community sponsored events, visit www.charlevoix.org or call 231-547-2101.

Fall is in the air and northern Michigan orchards are busy harvesting bushels of fresh, ripe apples in preparation for the 40th Annual Apple Fest taking place in downtown Charlevoix on October 12-14. PHOTO BY MICHELLE MEDJESKY

The kids will enjoy a variety of activities on Mason

East Jordan State of the Community

The East Jordan Area Chamber of Commerce is sponsoring the State of the Community Forum and Luncheon Tuesday, October 23 from 11:30am to 1:30pm at the Harvest Barn Church located at 210 S. Lake Street.

Presenters include: Sarah Lucas – Director of Community Development – Networks Northwest, Tom Cannon – East Jordan City Administrator, Matt Stevenson – East Jordan Public School Superintendent, Tom

Teske – Chairman East Jordan Downtown Development Authority and Mary Faculak – President/CEO East Jordan Area Chamber of Commerce.

Lunch will be catered by East Jordan Public Schools. Sponsors include Charlevoix State Bank, Blue Cross Blue Shield of Michigan, East Jordan Public Schools and the Harvest Barn Church. Price for lunch is \$15 per person for East Jordan Area Chamber Members, \$20 for Not-

Yet-Members.

Reservations are asked to be made by October 16, 2018. Call the Chamber Office at 231-536-7351 or send checks to East Jordan Area Chamber of Commerce, 100 Main Street, P.O. Box 137, East Jordan, MI 49727. Master Card and Visa Accepted.

Plan on attending this informative afternoon event and learn about the work being done to enhance and improve the quality of life and business in East Jordan.

For more information, contact the East Jordan Area Chamber of Commerce at 231-536-7351

Presenters include: Sarah Lucas – Director of Community Development – Networks Northwest, Tom Cannon – East Jordan City Administrator, Matt Stevenson – East Jordan Public School Superintendent, Tom Teske – Chairman East Jordan Downtown Development Authority and Mary Faculak – President/CEO East Jordan Area Chamber of Commerce (shown here). COURTESY PHOTO



FALL COLORS

FROM PG. 1A

good ground moisture, plenty of sun and cooler temperatures cause leaves to make lots of sugar, which makes the changing colors look very sweet indeed. Don't look for Jack Frost to paint the leaves; an early freeze will just make leaves fall more quickly, as will high winds and torrential rains.

If this all sounds a bit too scientific for such an artistic phenomena, consider that Native American lore explains crimson fall colors are the result of blood falling on the leaves after the slaying of the Great Bear in the sky by celestial hunters. Yellows are from fat splashing out of the pot as the Great Bear was being cooked.

Cherokee legend recalls a time when only plants and animals populated the earth. The Great Spirit promised that if these entities could remain awake for seven days and nights they would receive great powers. Pines and Cedar were able to do this, so they were allowed to stay green year round, while all other plants must shed their leaves in the winter.

Regardless of the why, the wow is in the experience. Don't miss the opportunity to take a long walk or a "Sunday drive" in the next couple of weeks and enjoy the incredible autumn colors. It's great to live in northern Michigan.

Charlevoix Methodist Church Chili Cook-off in October

The Charlevoix United Methodist Church is excited to host our popular annual Chili Cook-off on Saturday of Charlevoix Applefest, October 13, from 11:30am – 2:30pm. Featured are varieties of delicious chili made by seven local restaurants: Bridge Street Tap Room, The Cantina, French Quarter Bistro, Hot Dogger's Coney Cafe, Pigs Eaten' Ribs, Scovies and Weathervane.

The meal includes all-you-can-eat chili, corn bread, mac n cheese, ice cream and beverage all for \$8. Children age 6 and under eat free. Then cast your vote for your favorite chili. You are the judge!

Everyone is welcome at our Sunday Service at 10am to hear an uplifting message. Please feel free to call the church at 547-2654 between 9:30am – 12:30 pm, Monday – Friday with any questions. Church is located at 104 State St., Charlevoix.

ChiliCookoffPhoto; Pictured left to right: Betty Rowe, Karen Phillips, Carol Alger, Pastor Randy Hitts, Judy Siebert, Marlene Richards. Courtesy photo



Pictured left to right: Betty Rowe, Karen Phillips, Carol Alger, Pastor Randy Hitts, Judy Siebert, Marlene Richards. COURTESY PHOTO

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Chambers of Commerce to host Candidate Forum on October 10

Voters in Emmet and Charlevoix Counties can meet candidates and learn their stances on key issues at a Candidate Forum to be held in Petoskey on Wed. Oct. 10. The forum will be held at the Iron Horse Cafe on the campus of North Central Michigan College. Doors will open at 6:00 p.m. for a meet and greet with the candidates and the moderated forum will begin at 7:00.

The forum is hosted by the Chambers of Commerce from Petoskey, Charlevoix and Harbor Springs along

with the Petoskey News-Review, North Central Michigan College, and the Emmet Association of Realtors. The event is free and open to the public.

Organizers have invited Wayne Schmidt and Jim Page, the candidates from Michigan's 37th State Senate race; Triston Cole and Melissa Frunge of the 105th State House race, and Lee Chatfield and Joanne Galaway from the 107th State House race. They have also invited Jack Bergman and Matt Morgan of Michigan's

1st Congressional District race, but their participation is tentative as Congressman Bergman is scheduled to be in session in Washington D.C. at that time.

Candidates from area city council and county commission races will be invited to the meet and greet portion of the event, but because of time constraints, they will not be participating in the forum.

According to organizers, the forum is intended to be non-partisan and unbiased in nature with the purpose of

giving the audience a fair understanding of the candidates' views on issues. "We carefully craft the questions and do everything we can to be fair in how we present the program," said Carlin Smith, president of the Petoskey Chamber. "We want people to get an unbiased representation of the candidates to help them with their decision-making on November 6th," Smith added.

Smith emphasized that questions will not be allowed from the audience during the forum. Attendees who have

specific questions for the candidates should ask those during the meet and greet portion of the event.

Questions will be drafted by representatives of the host organizations, and at the forum they will be asked by a panel of students from North Central Michigan College. Students will also serve as greeters and will play other volunteer roles during the event.

Light refreshments and beverages will be provided.

News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

CHARLEVOIX SMALL TOWN CONFERENCE

October 3 & 4. Brought to you by Michigan State University Extension, this conference provides a chance to learn best practices from entrepreneurial professionals across the country. Breakout sessions will be held in historic downtown Charlevoix venues- all within walking distance. Wednesday evening includes a networking event where you can continue the conversation with colleagues from both rural and urban communities.

Conference registration includes breakout sessions, lunch, networking event, and keynote speeches from local entrepreneurs. Early bird registration is \$85 and ends Friday, September 7. Normal registration is \$100 until September 30. At-the-door registration is \$125. Registration fee includes opening and closing lunch, Wednesday evening networking event plus all the conference materials..

EAST JORDAN ANNUAL BREEZEWAY FALL COLOR CRUISE

October 6, 8am-5pm. Three Saturday's of beautiful fall colors on C-48 the Breezeway. Pick up your "Goodie Bag" in Atwood and cruise to Boyne Mountain at your own pace – stopping whenever and wherever you want. See the fall colors, buy your pumpkins & apples, shop and much more! www.ridethebreezeway.com

ELLSWORTH PUMPKIN NIGHT SOUP & SALAD FUNDRAISER

October 6, 5-7pm, Front Porch. A fundraiser for the Bud Tornga Memorial Garden at the Little Stone House. Tickets \$10 at the door. Presented by the Banks Township Historical Society/Stonehouse.

BOYNE CITY DOCTOR DANGERS EXPLORED

October 7, 6:30pm, Lifetree Cafe. The program, titled "Doctor Danger: What Every Patient Needs to Know," features a filmed interview with Dr. Martin Makary, a cancer surgeon at Johns Hopkins Hospital and author of Unaccountable: What Hospitals Won't Tell You and How Transparency Can Revolutionize Health Care. Admission to the 60-minute event is free. Lifetree Cafe is in the First Presbyterian Church. Use the Pine St. entrance.

CHARLEVOIX GREEN LIGHT EAST JORDAN COMPETITION

October 10, Castle Farms. Doors open at 5pm, event starts at 5:30pm. Business model competition followed by complimentary networking party, winners announced that evening. To register to attend please go to the following link: [https://www.eventbrite.com/e/2018-greenlight-east-jordan-business-model-competition-tickets-49847524287?ref=to-support-the-crowdfunding-effort-and-help-raise-the-needed-\\$5,000.00-to-receive-a-\\$5,000.00-match-from-the-michigan-economic-development-corporation-please-visit-patronicity.com/greenlight](https://www.eventbrite.com/e/2018-greenlight-east-jordan-business-model-competition-tickets-49847524287?ref=to-support-the-crowdfunding-effort-and-help-raise-the-needed-$5,000.00-to-receive-a-$5,000.00-match-from-the-michigan-economic-development-corporation-please-visit-patronicity.com/greenlight). The deadline for the crowdfund campaign is October 10.

PETOSKEY COLLEGE NIGHT

October 10, 6-7:30pm, NCMC Student and Community Resource Center. High school students and parents can meet with representatives from more than 60 public and private colleges and universities from throughout the Midwest about higher education options, admission requirements, programs of study, costs of college, campus activities and residence life. Armed Forces representatives will also be available. A North Central financial aid advisor will be present to answer questions about federal financial aid for college. The program is offered to the community by North Central as a free service for college-bound students and

families, and is supported by the Michigan Association of Collegiate Registrars and Admission Officers. For more information on the participating institutions, visit www.ncmich.edu and click on the College Night banner.

PETOSKEY CANDIDATE FORUM

October 10. Voters in Emmet and Charlevoix Counties can meet candidates and learn their stances on key issues at a Candidate Forum to be held at the Iron Horse Café on the campus of North Central Michigan College. Doors will open at 6:00 p.m. for a meet and greet with the candidates and the moderated forum will begin at 7:00. Organizers have invited Wayne Schmidt and Jim Page, the candidates from Michigan's 37th State Senate race; Triston Cole and Melissa Fruge of the 105th State House race, and Lee Chatfield and Joanne Galloway from the 107th State House race. They have also invited Jack Bergman and Matt Morgan of Michigan's 1st Congressional District race, but their participation is tentative as Congressman Bergman is scheduled to be in session in Washington D.C. at that time. The event is free and open to the public. Light refreshments and beverages will be provided.

CHARLEVOIX 40TH ANNUAL APPLE FEST

October 12-14. Experience the magic of autumn in northern Michigan at the 40th Annual Charlevoix Apple Festival. Join the festivities and show your support for our local farmers, orchards and non-profit organizations while celebrating the season in scenic downtown Charlevoix this October. The Harvest is in! Info at www.charlevoix.org

CHARLEVOIX APPLE FEST FUN RUN

October 13, Downtown Charlevoix. 1-Mile begins at 9am, 5K begins at 9:30am. Don't miss this fall run with friends and family! Register online for the 1 mile and 5k runs. Pickup your goody bag Saturday, October 13 filled with local favorites from Cinema III, Cherry Republic and more! Finish your run through a hay bale maze, jumping through tires and more. Treats for young and old at the finish line!

CHARLEVOIX ANNUAL CHILI COOK-OFF

October 13, 11:30am-2:30pm, Charlevoix United Methodist Church. Featured are varieties of delicious chili made by seven local restaurants: Bridge Street Tap Room, The Cantina, French Quarter Bistro, Hot Dogger's Coney Café, Pigs Eaten' Ribbs, Scovies and Weathervane. The meal includes all-you-can-eat chili, corn bread, mac n cheese, ice cream and beverage all for \$8. Children age 6 and under eat free. Then cast your vote for your favorite chili. You are the judge. Everyone is welcome at our Sunday Service at 10am to hear an uplifting message. Please feel free to call the church at 547-2654 between 9:30am – 12:30 pm, Monday – Friday with any questions. Church is located at 104 State St., Charlevoix.

EAST JORDAN ANNUAL BREEZEWAY FALL COLOR CRUISE

October 13, 8am-5pm. Three Saturday's of beautiful fall colors on C-48 the Breezeway. Pick up your "Goodie Bag" in Atwood and cruise to Boyne Mountain at your own pace – stopping whenever and wherever you want. See the fall colors, buy your pumpkins & apples, shop and much more! www.ridethebreezeway.com

BOYNE CITY WHAT REALLY MAKES PEOPLE HAPPY DISCUSSED

October 14, 6:30pm, Lifetree Cafe. The program, titled "Life's Myths: What Really Leads to Happiness," features a filmed interview with Oliver Burkeman, au-

thor of The Antidote: Happiness for People Who Can't Stand Positive Thinking. Admission to the 60-minute event is free. Lifetree Cafe is in the First Presbyterian Church. Use the Pine St. entrance.

EAST JORDAN PUMPKIN FESTIVAL/MOONLIGHT MADNESS

October 17, 5-7pm. Participating businesses open until 7pm. Enjoy face painting, costume contest, music, food & vendor booths, special sales in participating businesses, early trick-or-treating, Twister Joe Balloon Artist, EMS, Fire Truck and Police Car display, plus much more.

BOYNE CITY OVERCOMING REGRET EXPLORED

October 21, 6:30pm, Lifetree Cafe. The program features the filmed story of Chad Arnold, a man whose need for an organ transplant prompted his brother to volunteer to be a donor. Arnold's brother died as a result of the surgery; Arnold survived. Admission to the 60-minute event is free. Lifetree Cafe is in the First Presbyterian Church. Use the Pine St. entrance.

EAST JORDAN STATE OF COMMUNITY FORUM

October 23, 11:30am-1:30pm, Harvest Barn Church, 210 S. Lake Street. Presenters include: Sarah Lucas – Director of Community Development – Networks Northwest, Tom Cannon – East Jordan City Administrator, Matt Stevenson – East Jordan Public School Superintendent, Tom Teske – Chairman East Jordan Downtown Development Authority and Mary Faculak – President/CEO East Jordan Area Chamber of Commerce. Lunch will be catered by East Jordan Public Schools. Sponsors include Charlevoix State Bank, Blue Cross Blue Shield of Michigan, East Jordan Public Schools and the Harvest Barn Church. Price for lunch is \$15 per person for East Jordan Area Chamber Members, \$20 for Not-Yet-Members. Reservations are asked to be made by October 16, 2018. Call the Chamber Office at 231-536-7351 or send checks to East Jordan Area Chamber of Commerce, 100 Main Street, P.O. Box 137, East Jordan, MI 49727. Master Card and Visa Accepted.

BOYNE CITY GROWING CLOSER TO GOD EXPLORED

October 28, 6:30pm, Lifetree Cafe. The program, titled "Encountering God: What Ancient Practices Can Teach Us Today," features a short film depicting how various groups and individuals have tried to grow spiritually. Lifetree participants will explore how ancient practices might benefit their own spiritual lives. Admission to the 60-minute event is free. Lifetree Cafe is in the First Presbyterian Church. Use the Pine St. entrance.

BOYNE CITY BUSINESS EXPO/TASTE OF BOYNE

October 30, 3-7pm, Civic Center at Boyne Mountain. This is always one of Northern Michigan's largest business networking events, as more than 1,000 people come to see 75 booths. The public is welcome to attend for \$5 admission, which includes tastings from about 10 food providers in the Taste of Boyne. New this year are mini-workshops during the event, 15-30 minutes each. Free with \$5 admission.

BOYNE CITY 13TH ANNUAL TRUNK AND TREAT

October 31, 5-7pm. First Presbyterian Church is hosting the 13th Annual Trunk and Treat. Setup Time: 4:30 on Pine St. between the Early Learners building and the church. Pine St. will be closed between Park St. and East. St. ALL community members and organiza-

tions willing and able to participate are encouraged and welcome. We recommend at least 800 +/- wrapped candy or treats (pencils, pens, healthy snacks, etc.). If you have any questions, please don't hesitate to call the First Presbyterian Church 582-7983.

Farmers Market

The Boyne City Farmers Market has several vendors in Veteran's Park. Market hours are Wednesday's and Saturday's, 8 am – Noon. During peak season the market features more than 65 regular vendors, all local, serving seasonal fruits, vegetables, and herbs; gourmet baked goods and preserves; eggs and cheese; honey and maple syrup; proteins, fish, potted annuals, perennials, trees and shrubs, and cut flowers; plus a juried craft market with unique hand-made items for your home or a special gift.

CHARLEVOIX FARMERS MARKET

Thursdays, 8am-1pm, East Park. Many varieties of tables line the Bridge Street sidewalk downtown Charlevoix in full view of the sun rising over Round Lake at East Park. The Market is full of life, flavors, happy people, activity - and the view is staggering. Shop local. Eat fresh. Bring your family - Children love to get stickers in our Junior Marketeer program and earn a T-shirt in just four visits.

EAST JORDAN FARMERS MARKET

Thursdays 8am-Noon, Memorial Park. Locally organically grown fruits and vegetables. Baked goods, jewelry, crafts, flowers and more. Free coffee from 8am-10:30am courtesy of North Perk Coffee.

BOYNE CITY KINDER CLOSET

At Christ Lutheran Church is open from 10am to noon on the second Saturday of every month. Free baby items are provided, including diapers; wipes; clothes and more, for any Charlevoix County parent with a newborn to 24 month-old-child. Christ Lutheran Church is located at 1250 Boyne Avenue in Boyne City. For more information, call 231-582-9301.

NORTHERN MICHIGAN PEOPLE FUND GRANT APPLICATIONS

The Great Lakes Energy People Fund is accepting grant applications from non-profit organizations throughout its local service area. The upcoming grant application deadline is Oct. 15. The People Fund is supported solely by Great Lakes Energy members who allow their electric cooperative to round up their bill each month to the next dollar. Since 1999 more than \$3.3 million in grants have been awarded to charitable and community organizations throughout Great Lakes Energy's 26-county service area, which stretches from Kalamazoo to the Mackinac Straits. The People Fund awarded \$216,155 in grants in 2017. Non-profit organizations can read program details and request a grant application online at www.gtlakes.com/grant-application-request/ or by calling Great Lakes Energy at 1-888-485-2537, ext. 1313. Non-profit organizations that serve communities located in the Great Lakes Energy service area are eligible to apply.

CHARLEVOIX WELLNESS WORKSHOPS

Held at Munson Healthcare Charlevoix Hospital Wellness Workshop, 411 Bridge Street. Call (231) 437-3482 for more information.

- Hatha Yoga, every Monday and Friday 7:30-8:30am. The yoga sequences, along with breath work and relaxation techniques will assist in building strength, stamina, flexibility, balance, and increasing body awareness. The use of props, blocks, or blankets

Boyne Falls Public Schools

STUDENT OF THE WEEK



Erienne Goodrich

Grade: 11

Parent's Name(s): Kathy Puroll & Richard Goodrich

Future Plans: Going to College & pursue a career in Architecture & Design

Favorite Book: *The Hate You Give* by Angie Thomas

Hobbies and Interests: Participating in sports

School Activities: Volleyball, Basketball, Softball, Student Council

Staff Comments: : Erienne is an outstanding student and person. She is responsible and has excellent study skills. Erienne seeks out help and asks questions when needed. She is a pleasure to teach. She helps her classmates when they have questions and does a great job of explaining the solutions. I have no doubt that she will be a credit to herself, her family and Boyne Falls Public School.

Submitted By: Ted H. Beyer, Teacher

make poses easily modified to suit the individual. All levels of fitness are welcome and modifications will be provided as needed. The class is taught by Lisa Hepner is a licensed physical therapist assistant with Munson Healthcare Charlevoix Hospital.

- Wellness Wednesday, every Wednesday from 8am-11am. Health screens include: Total Cholesterol, HDL, TC/HDL Ratio, Glucose Level, Body Mass Index Score, Muscle and Fat Percentages, and a Blood Pressure Reading. No fasting is required. However, if you are fasting and LDL and Triglyceride reading can also be obtained. Cost for the service is \$15. Hemoglobin A1C Levels can also be done for known or borderline diabetics for an additional \$10. Participants will receive all test results at the time of the screening and a "Know Your Numbers" log to track progress. A Registered Nurse will adapt health consultation and educational materials to individual results. Walk-ins only, no appointment required.

- Full Body Toning Exercise Class, every Thursday from 5:30-6:30pm. The first class is free as are all yoga and strength training classes. If you enjoy your first class, low-cost punch cards available and are good for any of our classes. Call (231) 437-3482 for more information or email chx-wellness@mhc.net to have our calendar emailed to you monthly.

BOYNE CITY

FREE COFFEE, DOUGHNUTS & LUNCH FOR VETERANS

The community of Boyne City will be hosting a free social gathering for all veterans from 9 to 11 a.m. on the fourth Tuesday of the month at the Boyne Area Senior Center. Coffee and doughnuts will be donated by supportive area businesses. The senior center will also offer free lunches to all veterans on the fourth Tuesday of the month, starting in January. The senior center is located at 411 E. Division St.

CHARLEVOIX

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss & bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is

open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is no charge to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan provides counseling and support services at no cost to survivors of domestic abuse, sexual assault, child abuse, child sexual assault and adults molested when they were children. Support services include crisis counseling, individual counseling, support groups, trauma therapy (EMDR), play therapy for children, safety planning, advocacy and resources/referrals. If you or someone you care about has been a victim of crime, contact the WRCNM's main office at (231) 347-0067.

NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan offers free playgroups for children 0-60 months and their preschool-age siblings. Playgroups help you learn about your child's developmental stages, learn new children's games/activities and share parenting concerns/experiences with other parents and the playgroup facilitator. Playgroups are held in various northern Michigan communities. For current playgroup locations/times, visit www.wrcnm.org or call (231) 347-0067.

BOYNE CITY

BOYNE DISTRICT LIBRARY PROGRAMS

- Toddler Tales & Tunes every Monday at 10am and Preschool Storytime every Tuesday at 10am. Check website for any date changes. No registration is required.

- Yoga with Reb Andrews 9am every Monday, 8 week sessions/\$5 per week

- Tai Chi every Wednesday, 9am beginners class, 10am advanced class, cost is \$5 per session

- The Boyne District Library Book Club meets at 7pm. Information at www.boynelibrary.org.

News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Local artist work featured in Charlevoix Ace Hardware contest



Candyce Klooster Speck works on her painting of Munson Healthcare Charlevoix Hospital, which will be auctioned at this year's Holly Daze event. COURTESY PHOTO

BY JIM AKANS

Charlevoix Ace Hardware has partnered with Candyce Klooster-Speck, a local Charlevoix artist who was honored with the 86th Annual Venetian shirt Artwork in 2016, to help raise money for Munson Healthcare Charlevoix Hospital. Klooster-Speck has created a painting of Charlevoix Hospital that will be auctioned at the upcoming Holly Daze event in December. There are four to five primary colors utilized in the painting, and Ace Hardware will kick off a social media contest on October 15 where followers can vote for their favorite hue used in the painting. Corey Loucks, Marketing Coordinator for Charlevoix Ace Hardware, states, "The contest will run until the end of October. Social media followers on Facebook and Instagram can vote for their favorite color in the painting. The hue with the most votes will be our "color of the month" for November. Everyone voting for a color

will be placed into a drawing that will be held on the first week of November. The name drawn will receive two gallons of paint and a kit with roller and brushes...enough to redo an entire room." Candyce Klooster Speck is a painter, jewelry designer, and native of Charlevoix, Michigan. She paints many local landscapes depicting Charlevoix and Northern Michigan as well as other subject matter that inspires her. Watercolors and Acrylics are her media and she often accepts commissions. She received the first art scholarship awarded at Charlevoix High School in 1973 and that same year was able to show her work at the annual Waterfront Art fair in Charlevoix. She graduated from Kendall School of Design in Grand Rapids, Michigan in 1976 with a degree in graphic design and illustration. Candyce paints from her SeaHorse Art Studio and her work is displayed at Maison & Jardin, 228 Bridge Street in Charlevoix.



Hundreds enjoyed Boyne City Harvest Festival despite cold weather

BY MICHELLE MEDJESKY

BOYNE CITY - Below normal temperatures and blustery winds blowing off Lake Charlevoix didn't stop hundreds of people from enjoying the Boyne City Harvest Festival last weekend. But the chilly weather was a welcome surprise for Kelsie King-Duff, executive director of the Boyne City Main Street program, who said the overcast, pre-winter weather actually made a perfect backdrop for the event. "The kind of weather we had last weekend was really kind of the best we could ask for a harvest festival because it sort of helps the atmosphere," she said, "It makes it feel like a harvest fest."



Pumpkin and rock painting to live music was one of the more popular activities featured at the Boyne City Harvest festival. (PHOTO BY MICHELLE MEDJESKY)

This year's festival kicked off at 7 a.m. Saturday morning, September 29, with a 5K walk/run sponsored by the Charlevoix Area Humane Society. Throughout the day, streets were closed in the downtown area and there were hayrides, face painting hosted by the Boyne City PTO, pumpkin and rock painting presented by Boyne City Rocks, an expanded farmer's market, numerous food and merchandise vendors and live music. Merchants in downtown Boyne City also featured numerous specials, sales and tastings during the festival. King-Duff said the Boyne City Harvest Festival has been held for about the past ten years. The annual event is sponsored by the Boyne City Main Street program and the Boyne Area Chamber of Commerce. "People really seemed to have a lot of fun, from face painting and pumpkin and rock painting and lots of other kids games to our expanded farmer's market and all the food and other vendors and the music...it really was a good day for everyone," she said.



The Hoogerhyde sisters from Alba, Adriana, age 4 and Sutton, 18 months, were pretty in pink and pleased to pose for the camera before a bountiful harvest during last weekend's Boyne City Harvest Festival. (PHOTO BY MICHELLE MEDJESKY)



Anthony and Nicole Toth and daughters Ana, 3, and Lina, 1, from Ann Arbor were up north visiting friends last weekend and happy to enjoy a fun afternoon at Boyne City's Harvest Festival. (PHOTO BY MICHELLE MEDJESKY)



Brothers Eli, 7, John, 6, and Mason, 3, from Boyne City were dancing in the streets during last weekend's Harvest Festival in downtown Boyne City. (EDITOR'S NOTE: Since these brothers are currently in foster care, their foster mom requested their last names not be used.) (PHOTO BY MICHELLE MEDJESKY)

TUESDAY – Spin the wheel for a Deal!!!!
WEDNESDAY – 50% off all Clothing
THURSDAY – 10% off anyone 55 or older & all military
FRIDAY – Buy 1 get 1 free on selected item of the day
SATURDAY – Fill a bag of clothing for \$5.99

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WEEKLY WACKY SPECIALS

- 9/11 - 9/15 CLOTHES WITH WHITE – BUY ONE GET ONE FREE
- 9/18 - 9/22 ALL CLOTHING BUY ONE GET ONE FREE
- 9/25 - 10/6 \$5 BAG SALE!

News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Taking the right steps to live longer and healthier

Betty White turned 96 this year and claims that her long-term good health is the result of hot dogs and vodka, not necessarily in that order!

Well, some people's genes are programmed to defy the odds (never worth betting on) — either that or Betty's just a great comic who's not afraid of a politically incorrect joke (that's the smart bet)!

You may have a sense of humor, too, but although laughter is good for the heart, soul and brain, it's essential to make healthful choices if you want to forge a reliably healthy, longer life and a younger RealAge. Smart nutrition is essential (no nitrate- and nitrite-packed processed meats like hot dogs). But to really live well longer, you have to stir in a healthy exercise routine.

Case in point: A new study from the University of Buffalo in New York has found that walking, the most common form of physical activity in older women (no surprise), is especially heart-loving. And, say the researchers, more is better: "Higher levels of recreational physical activity, including walking, are associated with significantly reduced heart failure risk ..."

So if your days of 5K runs are behind you, don't fret. You (and this goes for guys, too!) can still get exercise's heart-healthy benefits with 10,000 steps three or four times weekly — or aim for whatever you can do. Betty's routine: "I have a two-story house and a very bad memory, so I'm up and down

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



those stairs." In short, establish an exercise routine you can stick with, but do skip the well-marinated hot dogs!

Strength training? What to eat when, to lose weight

Last May, 27-year-old Icelandic Hafthor Julius Bjornsson, renowned for his role as "The Mountain" Gregor Clegane, in "Game of Thrones," won the World's Strongest Man competition. At 6 feet, 9 inches tall and weighing over 390 pounds, Bjornsson eats eight meals a day, while lifting tons of weights.

His meals consist of lean meats, grains, vegetables and healthy fats found in avocados and peanut butter. He's said: "I eat quite healthy for a big guy ... but you get sick of eating all the time. Today, I was supposed to have chicken with sweet potatoes and greens. Because I didn't want that, I had salmon. We have very good fish in Iceland."

It's true that high-protein foods are good to eat after re-

sistance exercising to encourage muscle building. But did you know that eating protein after working out — if you eat the right amounts — also can help you lose weight?

That is effective because refueling with protein after your muscle-strengthening activities increases the amount of energy-burning muscle mass you build, and that uses up extra calories. Just make sure you don't eat ever-more total calories as you exercise more!

To take advantage of the muscle building and weight loss:

— Eat protein up to two hours after working out to take advantage of the protein synthesis it fuels.

— Enjoy protein from salmon, trout and skinless chicken.

— Eat 20-30 grams of protein (it's the equivalent of 4 ounces cooked salmon or 3.5 ounces grilled chicken breast).

New guidelines for kids and car seats

Chris Evert and Andy Mills met at the top of a black diamond ski slope in Aspen, Colorado, over New Year's 1986. There was just one problem. Although Ms. Evert was closing in on her 18th Grand Slam tennis singles victory, she wasn't that great at skiing. Fortunately, Mr. Mills — America's top downhill racer at the time — came to her rescue. He held her hands (or poles) and skied all the way down the hill backward, keeping her in front of him and safe. They were married a little over a year later and had three children.

Back then, infant car seats were just beginning to be required. In fact, 1986 was the first year that all 50 states made automobile child-restraint devices the law. However, it was a kind of one-seat-fits-all — forward facing — approach.

The American Academy of Pediatrics now recommends parents with young children follow Andy's lead. To improve safety, they recently declared all infants and toddlers should ride in rear-fac-

ing car seats for "as long as possible, until they reach the highest weight or height allowed" by the seat's manufacturer. Despite the fact that there's been a 43 percent decrease in kid's traffic-related deaths from 2002-2011, around 9,000 children a year die in crashes and most are not using the right (or any) restraints.

Once your youngster outgrows that position, convertible seats can be turned around so they're forward-facing with a harness, or you'll need to buy a new, appropriate one. That's essential for safety, or else it's all downhill from there!

Diclofenac warning

Volter was a Viking comic-book character in an award-winning comic-book series by the same name. It first appeared in 1963. He was the precursor of Conan the Barbarian, who, when brought to the silver screen in 1982, launched Arnold Schwarzenegger's movie career.

Voltaren, on the other hand, is a U.S. brand name

for a strong-armed NSAID (non-steroidal anti-inflammatory drug) called diclofenac that's recently been called out by Danish researchers in a study published in the journal BMJ.

Seems that diclofenac users showed a 20 percent greater rate of "atrial fibrillation, ischemic stroke, heart failure, heart attack or heart-related death in the 30 days following their prescription fill" than those who took acetaminophen or ibuprofen, and 30 a percent higher rate of those health threats than naproxen users.

Diclofenac is available over-the-counter and by prescription in America, but as always, your best bet is to minimize your use of any anti-inflammatory drugs. Stomach and intestinal bleeding are potential risks associated with all NSAIDs.

If you have chronic pain, try to reduce or eliminate it without medications.

— For acute tissue or bone pain, try R.I.C.E. (rest, ice, compression and elevation).

— Pre- or post-op, to reduce pain-increasing stress, practice mindful meditation for 10 minutes twice daily.

— Go for physical therapy, which should include stretches and exercises, as well as heat for loosening up and ice for cooling down.

If you still need to take pain-relieving meds, ask your doc about seeing a pain management specialist to help you get through this safely and effectively.

LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@CharlevoixCountyNews.com.

Editor,

A group of eight citizens of Hayes Township has sent a letter to supervisor Ron VanZee regarding his conduct and the new Hayes Township Park. An abridged version of that letter follows:

Our township has not been the same since you were elected its supervisor. You have always appeared to be friendly and interested in your neighbors, but as time has gone on, it becomes increasingly apparent that your intentions are not honorable. You have not been honest with the majority of citizens of Hayes Township, and you have caused a crisis on the township board.

You have apparently been one of the leaders of a special interest group that has worked behind the scenes and through a propaganda publication to subvert and undermine your own board and to prevent the development of Camp Seagull as a township park. This is in spite of clearly documented proof that a majority of your constituents and your board are solidly in support of the new park. This is divisive, undemocratic and morally corrupt.

Your township meetings are filled with anger, stress and personal attacks from your group against those with whom they disagree. You make little attempt to control the order of meetings. It appears that you prefer to have them harass and intimidate the board since you do not have the power of the majority.

At a recent meeting that you called to make needed changes in the construction of the township park project, you related how you had been working with the engineer and then voted against the changes, maligning him in the process. The motion to make the changes passed on a two to one vote but you declared that it had not saying that three votes were needed. The township attorney later found you to be wrong, which would be a violation of state law. At a subsequent regular meeting, a motion was made to appoint the deputy treasurer to fill the position of the retiring treasurer. No other person was remotely qualified for this position but the motion failed because of a two to two tie because you wanted

someone from your group.

This is typical of the tactics you and your small group have been employing for several months. You have betrayed your own township board and a solid majority of your constituents. You have proven yourself to be untrustworthy. Your behavior has been unacceptable from the start.

In our opinion, your actions amount to misfeasance, malfeasance and nonfeasance.

We feel that the only way this township can move forward and heal from the bitter divisiveness that you and your group have caused, is without you as an official. We, therefore, urge your immediate resignation from the Hayes Township Board.

Bill Henne, Charlevoix

Dear Editor

As an instructor of journalistic qualities, I am angered by your recent inaccurate and defaming headlines.

First, the top headline in the September 20, 2018 Charlevoix County News stated, "Three East Jordan Teenagers Arrested for Party Store Break-ins." However, as the story unfolds, it is noted that one is actually from Central Lake. Also, arguing the semantics, these three were first referred to as "teenagers," but later as "men." Although that point is technically not inaccurate, it does paint the picture that they are school-age minors when this is not the case. In fact, the court will view them as the adults that they are, as should the report.

In addition, the front page of the September 27, 2018 newspaper announced that "Five East Jordan Teenagers Overdose." Apparently this assumption was made by the reporting journalist because the unfortunate event happened in East Jordan. In actuality, two of the five teenagers were not from East Jordan. Although little official information has been shared about these five, publishing an assumption is poor journalism.

I have taught my students that journalism has a responsibility to be honest, accurate, non-biased and non-judgmental. The examples above are not. Instead, they inflate the number of East Jordan people involved

and turn a blind eye on the involvement of those from other areas. In total, eight young people were the focus of these headlines. Nearly half were NOT from East Jordan.

Please stop conveying the idea that only teens in East Jordan are involved in illegal activity. This inaccuracy affects the esteem of all of our teenagers as well as our community as a whole.

Sincerely,
Merri-Sue Cardwell,
East Jordan

To the Editor,

Let's stop asking why survivors don't come forward

It's a worn out question: why would someone choose to not report a sexual assault? This question has been asked repeatedly in our nation, in our own beautiful northern Michigan communities and within our daily lives, but it only serves to silence survivors. The simple answer is that our society chooses to question, doubt and blame instead of support survivors by taking them seriously, treating them with respect and dignity and ensuring they have access to services to help them in their healing journey.

Beyond examining how our culture treats survivors when they do come forward, we need to address the question from the survivors' perspective. Below are the most significant reasons sexual assault survivors do not come forward (adapted from writings by Beverly Engle, a psychotherapist and best-selling author on the issues of domestic abuse and sexual assault):

Shame is at the core of the intense emotional wounding women and men experience when they are sexually violated. Shame makes people feel unworthy, isolated, they turn inward because they feel unworthy to be around others. When society accuses survivors of causing the harassment/assault with statements that question what they were wearing and if they had too much to drink, the shame is compounded.

Denial that the harassment or assault was actually abusive, they try to minimize it and put it behind them. They also think they are the only one to be

harassed/victimized by the perpetrator and until they hear of someone else's similar experience, realize the person is a serial abuser.

Fear of the consequences of disclosing harassment/assault is a real obstacle for survivors: fear of losing their job, fear they won't find another job, fear they'll be passed over for a promotion, fear of losing credibility, fear of being branded a troublemaker, fear of being ostracized in their industry, fear of public humiliation, fear of their physical safety; fear they won't be believed, fear they'll be blamed, fear they'll be judged, fear there won't be enough evidence, fear of reliving it. Finally, if they overcome these fears and speak out, will it even matter?

If we are to move forward we have to change. That means changing the questions we ask to shift our focus from the survivor to the perpetrator. Instead, let us offer survivors compassion, encouragement, support and choices in their quest of justice and healing.

Sexual assault disclosures will continue to occur, as long as sexual assault exists. There will come a time when you know the alleged perpetrator, or perhaps the survivor, as someone in the community or someone close to you. Are you ready to respond with support and openness that validates the survivor and shows this behavior is wrong? Are you ready to hold offenders accountable? Are you ready to be part of the solution in ending violence against women?

How will you respond, who will you choose to stand with, and what will you choose to stand for? Women's Resource Center of Northern Michigan stands with survivors.

Gail Kloss, Executive Director, Women's Resource Center of Northern Michigan

For immediate help or information, call the Women's Resource Center of Northern Michigan's 24-hour crisis and information line at (231) 347-0082 or (800) 275-1995.



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News

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Local Groups Partner for Disabled Veterans and Handicap Hunt

Northern Michigan outdoor enthusiasts and conservationists are partnering to increase opportunities for wounded veterans and handicapped individuals to enjoy fall hunting. The North Country Sportsman's Club (NCSC), the Tip of the Mitt Quality Deer Management Association (TOMQDMA), the Little Traverse Conservancy (LTC) and Brave Hearts Estate are joining forces this fall for Michigan's special Independence Hunt which runs from October 18 through 22. The Independence Hunt is reserved for Veterans with 100-percent disability or rated as individually unemployable by the U.S. Department of Veterans Affairs. In addition, hunters who possess a permit to hunt from a standing vehicle or to hunt using a laser-sighting device, and hunters who are legally blind may also participate.

The partnership grew out of the fact that the two clubs have already been facilitating the hunt, but have been limited by their access to enough land. The Independence Hunt is prohibited on state or county lands, yet allowed on private lands. Several generous landowners have allowed handicapped hunters to use their properties for the Independence Hunt, yet the number of hunters exceeds the available properties. This is where LTC can offer assistance because many of the non-profit organization's nature preserves are open for hunting. Kieran Fleming, executive director at LTC explained, "We are going to make special accommodations where appropriate to facilitate better access for those Independence Hunt hunters using Conser-



vancy lands for this unique opportunity."

The other primary need identified by the partnership is to find more guides for the disabled veterans. Volunteers through the two clubs have served as personal guides for many hunters over the last several years. "Many of our hunters have special needs, such as being able to hunt

from a wheel chair or assistance getting to and from the hunting location," said Jim Rummer, president of TOMQDMA. "We do all we can to provide for every level of need." However, this year the group has set a goal of facilitating as many as 20 hunters in Emmet, Cheboygan, and Charlevoix counties and they are seeking a few

more volunteers for the Cheboygan county area.

"Essentially, we need a few more people to help us scout and set up a location with a portable hunting blind," explained Jay Winchell, president of the NCSC. "Then the guide will accompany the hunter over the course of the weekend, helping them set up and staying with them through the hunt so they will have help with mobility and - hopefully - retrieving a deer!"

Through this partnership, several of the hunters for the Independence Hunt will stay at the Brave Hearts Estate northwest of Pellston, where they are provided a place to sleep, meals, and a friendly deer camp environment. "We try to provide an opportunity for these fine men and women who have served our country to do what so many others can do without assistance," said

Paula Brown from the Brave Hearts Estate. The NCSC members and volunteers also provide meals for the hunters not staying at Brave Hearts Estate.

The group is also seeking charitable contributions to invest in large ground blinds that can accommodate a wheelchair and a guide, the cost of meat processing, and to help cover the cost of meals. The Little Traverse Conservancy will act as the fiduciary for the group, making it easy to donate in one location. For donations, please call 231.347.0991.

If you are interested in donating to this effort, call the LTC office at 231.347.0991 or go to www.landtrust.org. If you are an experienced hunter and interested in serving as a guide in Cheboygan county, please contact Jay Winchell at 231.268.9941.

Support Camp Daggett at Grandpa Shorter's October 6

Camp Daggett invites the public to Grandpa Shorter's Gifts, 301 E. Lake Street in Petoskey, on Saturday, October 6 from 9am to 6pm for a shopping day to benefit Camp Daggett. Twenty percent of all purchases will go to the C. G. and Ruth Shorter Memorial Scholarship Fund at Camp Daggett.

Each year, Grandpa Shorter's Gifts designate two Saturdays to raise money for area youth for camp scholarships. In 2017,

they donated \$2,650.31 to Camp. "Jennifer Shorter has been nothing short of terrific to work with," states Camp Daggett's Executive Director, Brent Marlatt. "She has a big heart and truly understands what summer camp means to local families and their children."

For more information about Camp Daggett, call 231-347-9742 or visit www.campdaggett.org.



The Little Traverse Civic Theatre present "Harvey"

BY MICHELLE MEDJESKY

The Little Traverse Civic Theatre will kick off its fall season with a production of the classic play "Harvey" starting later this month. Written in 1944 by American playwright Mary Chase, "Harvey" pivots on the antics of Elwood P. Dowd, who insists his friend, Harvey, be included in all of his sister Veta's social gatherings. But the trouble with Harvey is that he is an imaginary, six-and-a-half-foot-tall rabbit.

The play details how Veta tries to get her brother admitted to a sanitarium, but in doing so, she inadvertently

gets herself admitted there instead. "Harvey" won Chase a Pulitzer Prize for Drama in 1945 and the play has been adapted to film and television several times, most memorably in the 1950 film starring legendary actor Jimmy Stewart.

Performances are at 8 p.m. at the Little Traverse Civic Theatre at 461 East Mitchell Street in Petoskey on October 11-14 and again October 18-20 with a Sunday matinee at 2pm. Ticket prices are \$15 for adults and \$12 for students 18 and under. For more information call (231) 348-1850.

Elwood P. Dowd, played by Bob Brill, poses with his imaginary friend "Harvey", a six foot rabbit at a recent Business After Hours sponsored by the Petoskey Regional Chamber of Commerce. The event was held at the newly-opened Center for the Arts in Bay Harbor. Dowd and Harvey will star in the Little Traverse Civic Theatre's fall production of "Harvey" starting later this month. PHOTO BY MICHELLE MEDJESKY

Scam from persons impersonating utility companies

Sheriff Vondra would like to warn citizens of a scam reported when a person calls and will identify as Consumer's Power or another utility warning they are going to turn the citizen's power off due to an overdue payment. They have the citizen call another phone number who answers as Consumer's Power and advise if the citizen will go

to Walgreens or E-Z Mart and purchase some money pack cards with cash and send into them it will take care of the overdue payment(s). Please, REMEMBER not to trust any subjects on the telephone and do not send money without checking with your local law enforcement or your utility company.

BOYNE CITY POLICE DEPARTMENT INCIDENT REPORT

Monday, Sept. 17, 2018
 0206 Intoxicated subjects on Front St. near Main St.
 0526 Assist EMS on S Park St
 0813 Report of graffiti on building on N Park St
 0943 Civil dispute in the 400 block of Pearl St
 1557 Stalking/harassment complaint reported at the PD
 1721 911 hang up from the 300 block of Groveland St
 1739 Report of a suspicious vehicle in the 400 block of hemlock St.

Tuesday, Sept. 18, 2018
 0203 Suspicious situation reported from the 800 block of S Park St
 0319 Citation issued for no insurance, towed vehicle at

State and Hannah.
 0939 Citizen in regarding No Trespass Order
 1331 Driving complaint from Pearl St
 1448 Report of attempted phone scam. Subject claimed to be soliciting for State Police.
 1639 Suspicious subject reported near Water St. and Park St.

Wednesday, Sept. 19, 2018
 0850 Report of lost wallet.
 1420 Found insurance card turned in. Returned to owner.
 1520 Arrested shoplifter in the 400 block of N Lake St
 1523 Civil complaint from Poplar St.
 1738 Health & Safety at Park and Water.
 1829 Report of a subject

staggering with a beer up Park Street near Division, swearing at cars as they went by. Unable to locate.
 1938 Report of an intoxicated subject on the roof in the 300 block of E Division St.
 2046 Assist EMS in the 300 block of E Division St

Thursday, Sept. 20, 2018
 0925 Suspicious situation in the Industrial Park
 0937 MDOP on Arthur St.
 1021 Stray dog running at large near John St.
 1044 Citation issued to subject for speed at Lake and Groveland.
 1437 Burn permit issued on Jefferson St.
 1611 Vehicle unlock in the 200 block of N Park St

1746 Juvenile complaint on Trent St
 1758 Complaint of dog running at large in the 200 block of W Division.

Friday, Sept. 21, 2018
 0725 Report of credit card fraud from the 600 block of W Court St
 1140 Funeral escort
 1258 Report of missing kayak
 1254 Assist Sheriff Dept in Walloon.
 1311 Alarm in the 100 block of S Lake St
 1338 Driving complaint from Cherry St
 1401 Report of boats breaking free and washing up into rocks behind Honeywell
 1416 Assist EMS at lot 27 in

the trailer park
 1443 Report of a tree leaning against wires at Lake and Ann St.
 1511 Suspicious subject reported on S Park St
 1739 Suspicious vehicle on Franklin St.
 2000 PR at the Football game.

Saturday, Sept. 22, 2018
 0913 Assist EMS on Roosevelt St
 0928 Requested for vehicle unlock on Water St.
 1427 Arrested subject on 3 warrants and Possession of MJ with Intent to Deliver in the 300 block of Water St.
 1934 Found window broken out at residence on W division. Storm related.

1953 Suspicious situation at S. Lake and Lincoln.
 2010 Driving complaint on River St
 2049 Suspicious situation in the 1300 block of Boyne Av

Sunday, Sept. 23, 2018
 0045 Arrest subject for OWI at M-75 s near Moll Dr
 0239 Arrest subject for OWI/Open Intoxicants on M-75 s near Moll Dr
 1330 Assist EJPD on Garfield St.
 1626 Found wallet left at PD Desk.
 1803 Car deer crash at Boyne Ave & Brockway.
 2254 Assist citizen near the cemetery entrance on the Division St.

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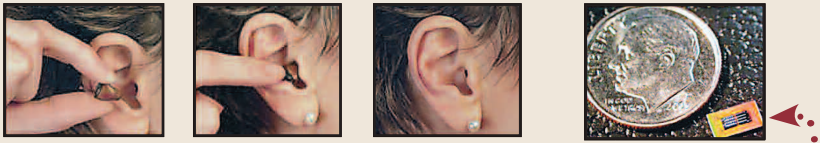
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